

## Personal Statement

- Start about 4 months before submitting
  - Note that you will not like your first draft (it will not look like your last).
- Share your narrative (genuine way of you standing out amongst thousands of applications)
  - Reflect deeply on what brought you to medicine and what you've done to solidify your decision to pursue medicine. Make sure the narrative is broad. There is no need to get specific, so that it helps you tie it back to medicine as a whole easily. Demonstrate that you have explored the field.
- Share 3-4 stories that support your narrative.
- Have multiple people read it: a physician, PI, medical school students, as well as family members and friends who know you on a more personal level