

- MCAT
 - It comprises four different sections.
 - Chemical and Physical Foundations of Biological Systems
 - Critical Analysis and Reasoning Skills
 - Biological and Biochemical Foundations of Living Systems
 - Psychological, Social, and Biological Foundations of Behavior
 - It is possible to take the MCAT early because there is no set prerequisite for taking it.
 - It is possible to retake the MCAT.
 - Can take it three times in one year, four times in two years, and seven times overall
 - Be aware of the average MCAT score for medical schools.
 - MCAT Preparation
 - Make an appropriate study schedule.
 - It must be made according to what works best for you and your schedule.
 - Know your strengths and weaknesses.
 - Determine how much you want to study.
 - Make daily and weekly goals and checkpoints.
 - Stick to the plan.
 - Prep Resources
 - Answering and reviewing questions > Taking notes
 - Involves the following:
 - Content Review
 - Reading Comprehension
 - Question Recognition
 - Analytical Skill Allotment
 - Take advantage of a variety of resources.
 - Only acquire what you will use.
 - Don't overburden yourself!
 - While making a study plan, have a clear plan, and be specific.
 - You want to go through your resources multiple times.
 - Practice Exams
 - Will prepare you for the actual exam
 - Post-Exam Analysis Phase
 - Ask yourself the following questions:
 - Did I read the question thoroughly?
 - Do I fully understand what the questions were asking?
 - Did I have any idea what the passages were talking about?
 - Did I read all the answer choices thoroughly?
 - Did I second guess my answer?
 - Track your progress
 - You can be stalled, but you need to be honest with yourself about what you need to review.