

Top 10 Things I wish I knew when I was a pre-med (Part 2)

6. For your resume, paint the picture of your passion

Everything happens for a reason and the experiences you have, even if they do not necessarily fit in exactly with the ultimate specialty you end up going into, will all play a role into the person and the physician that you are. Look for themes in the work that you do.

- Your CV is a canvas, what will you paint?
- Can evolve over time, but keeping themes show consistency
- Themes
 - Learner
 - Teacher
 - Researcher
 - Servant Leader
 - Compassionate care

7. Your passion can (should!) evolve in medical school

Especially in medical school, that is the time to gain experience in fields you may never rotate through again. Enjoy and soak in that process!

- Write your story!
- My Example
 - Peds GI → Adult GI
 - Pathology and ultrasound interest groups president
 - Also enjoyed EM, Crit Care

8. Develop a sustainable place for notes, learning pearls, folders for reading

- Cloud documents
- PowerPoints
 - To teach is to learn twice!
- Research reference outlines
- Citation tracker

9. Learn to schedule and prioritize work early, weekly ie the priority matrix

If something is important and urgent, you should probably do it now. If something is important but not that urgent, do it second or later. If something is urgent but not that important, try to think about why it isn't important if it's urgent. If it's not important to you and if it's not urgent, why are you doing it? This is a good way to triage things by urgency and understand what should come first.

10. Identify your learning style early, consider a study group

- Mechanisms of studying
- Self assessment
- Independent versus group studying

- Support and camaraderie!
- Learning all aspects together!